You are the boss of your body.

Your private body parts are not to be looked at or touched by anyone else - except to keep you clean and healthy.

Private body parts are the parts of your body covered by underwear or a swim suit.

There is also no need for you to touch or look at someone else's private body parts.

It is never okay for someone to take photos of your private body parts.

Confused - You may feel confused sometimes. Example, when your friends leave you out of a game they are playing. You feel confused - because they are your friends and yet they left you out of the game.

Our body is amazing - It talks to us especially when it feels.

If you don't like how your body is being treated, you have the right to say No, Stop, Don't. Even to an older person.

Sometimes complaining about someone may make you feel nervous, scared confused...BUT TELL. And keep telling till you get help to be safe again.

And remember - secrets about touching are never OK - you must tell. It's never too late to tell.