



Anytime someone touches you in a way that makes you feel scared, nervous, unsafe or confused, you need to get away and tell an older person you trust. It's not your fault. Even if you can't get away or tell immediately, you did nothing wrong.

Sometimes complaining about someone may make you feel nervous, scared confused...BUT TELL. And keep telling till you get help to be safe again

> And remember - secrets about touching are never OK - you must tell. It's never too late to tell.

Biswajit